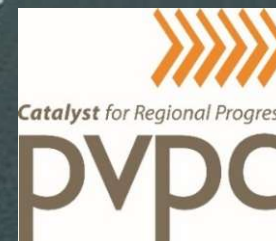


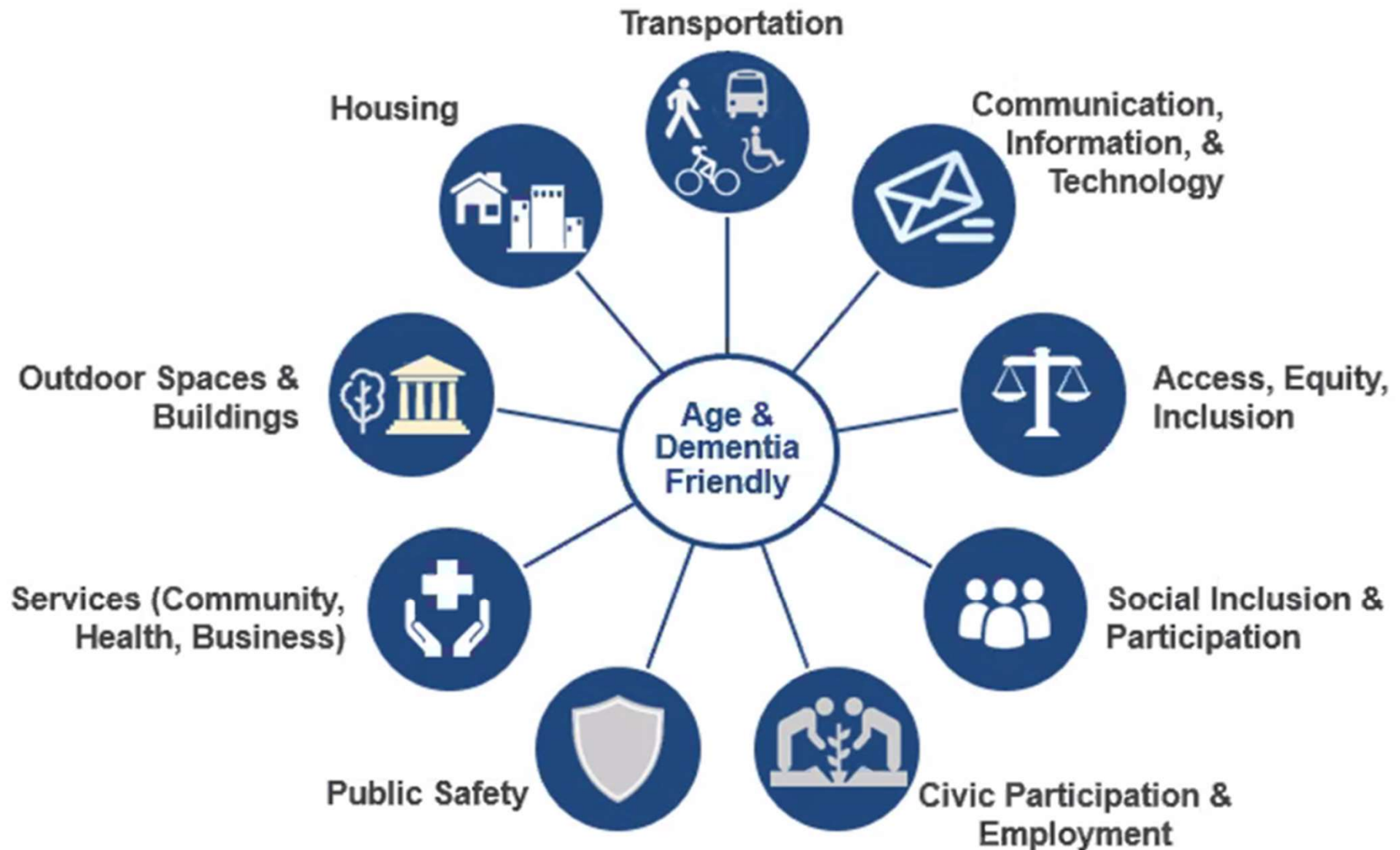
Age & Dementia Friendly Hadley

Transportation, Buildings & Outdoor Spaces

October 19, 2021



Domains of an Age & Dementia Friendly Community



Transportation Services & Infrastructure

- Safe and affordable modes of **private and public transportation**
- **Supported transportation** for people with disabilities
- **Walking and biking infrastructure** that is accessible and comfortable for people of all ages
 - **Sidewalks** are in good condition for people with mobility limitations as well as people with strollers
 - **Road crossings** allow time for slower walkers or rollers to cross, with **pedestrian islands** and well-timed signals
- **Signs** that are clear and easy to read

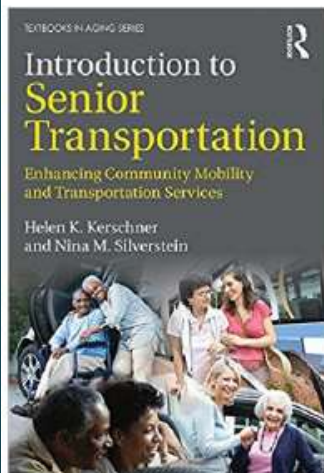
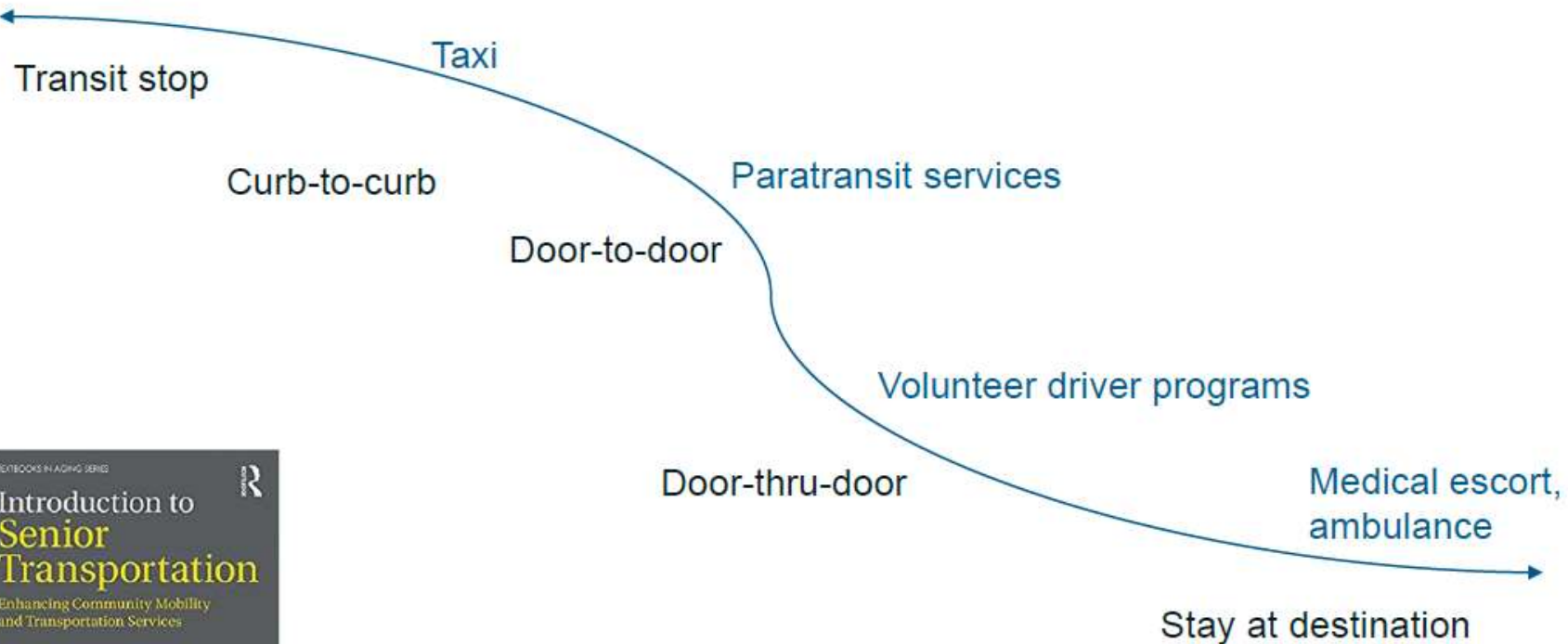


The continuum of need and services

**Destination
Transportation**

**Supportive
Transportation**

Drive personal vehicle
or use public transit

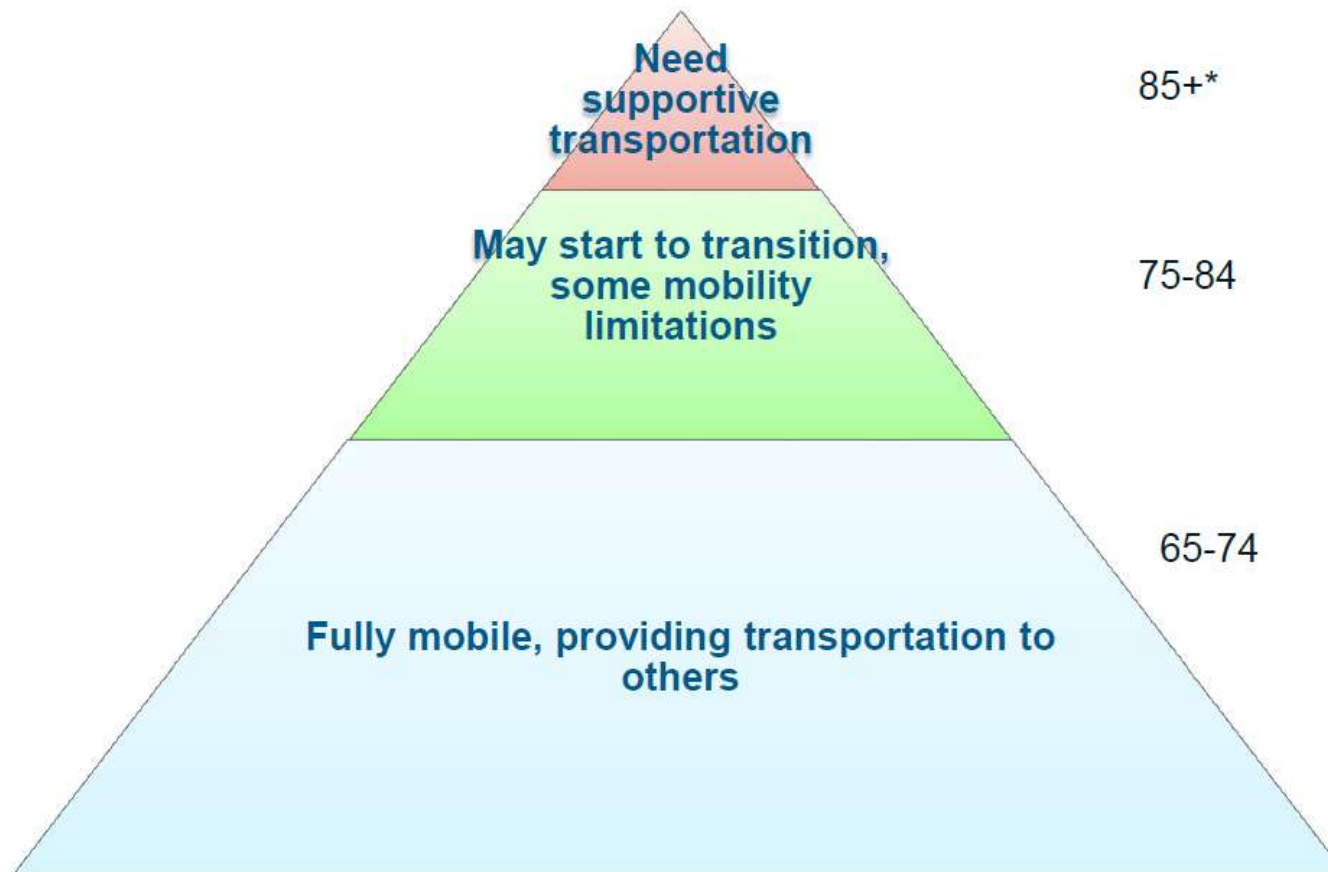


Concept drawn from
Kerschner & Silverstein, 2018

Transportation Needs increase as we get older

***Age is not an accurate marker of driving fitness.**

We include it below to illustrate the potential size of population groups needing various types of transportation services.



Buildings and Outdoor Spaces

- Places to **Gather** – inside and out
- Buildings are **accessible** and have **parking** for people with wheelchairs
- Parks have **benches** and **smooth pathways** for people with wheelchairs or walkers
- Parks and sidewalks are **safe** and **well lit**





Universal Design






















































































































































The design of products and environments to be usable by all people, to the greatest extent possible, without the need for adaptation or specialized design.

What's NOT Age Friendly?



Inclusive Communities Crosswalk

The crosswalk can serve as a discussion and planning guide for stakeholder groups about different topics that are considerate of all residents in a city, town or region.

	 Transportation	 Housing	 Social Inclusion & Participation	 Civic Participation & Employment	 Communication and Information	 Services (Business, Community, Health)	 Outdoor Spaces & Buildings	 Public Safety	 Custom Theme
Age									
Behavioral Health									
Country of Origin									
Dementia									
Disability									
Economic Security									
Gender									
Location									
Language									
LGBTQIA									
Race/Ethnicity									
Religion									
Residential Setting									
Substance Use Disorder									
Veterans									
Other									

Transportation – Assets & Challenges

Assets:

- ▶ Senior Center Van and private vehicle (for out of town appointments and outside $\frac{3}{4}$ mile) – repeated loop w/in $\frac{3}{4}$ mile of fixed route
- ▶ PVTA buses,
 - ▶ Dial a ride for seniors (anyone 60 and over) – need to provide name, address, disabilities – curb to curb door to door service (Mon-Fr, 8-4:30 or after in some cases) – advance scheduling (1 day) – anywhere in community - \$5 outside of $\frac{3}{4}$ mile
 - ▶ Piloting same-day service in Northampton but staffing shortage
 - ▶ Paratransit services available for people with disabilities
- ▶ Sidewalks in Town center
- ▶ Norwattuck Rail Trail



Transportation (cont)

- ▶ PVTA provides travel training – can do group or 1 to1 training on fixed route (supports independence, \$0.75/trip); Tuesdays free for seniors

Sidewalks and Infrastructure

- ▶ Route 9 improvements in the works – starting late winter/early Spring – widening Route 9 from Middle Street (Town Hall)
- ▶ Town Plows Middle Street, West Street, from PO to Common on Route 9 (downtown)

Transportation – Assets & Challenges

Identified Needs:

- ▶ Safety for pedestrians and bicyclists
- ▶ Transit improvements – are there other locations that need service? PVTa is looking at Microtransit solutions to give people greater access to fixed routes. Looking at circulator routes (Agawam). Hadley designated as an area to look at for Microtransit. Challenge: drivers
- ▶ Improve bicycle network
- ▶ Expand pedestrian facilities – develop a sidewalk plan, identify streets where sidewalks are needed for implementation during roadway projects
- ▶ Sidewalks are in poor condition – have to look at maintenance budget
 - ▶ Can use Shared Winter Street grant to repair sidewalks if near a bus stop (possibly Bay Road) – make bus stops accessible for people with disabilities, older adults, people without cars. Have to think about plowing in winter
- ▶ Plowing of sidewalks – difficult where homeowners and business owners have to clear snow. Issue when State plows dump

Transportation - Recommendations

1. Develop a bicycle and pedestrian network plan
2. Adopt a Complete Streets Policy and access funding to develop a Complete Streets Prioritization Plan
3. Investigate whether Micro Transit would be viable - build on senior center service. (looking at acquiring mid-size vans – 12-14 passengers).
4. Look at whether additional personal vehicles and volunteer drivers, 8-passenger paratransit vans would meet the current needs. Investigate if there are funding sources to pay drivers.
 1. Work with RSVP to provide additional volunteer drivers.
 2. Cars passed on from police dept?
5. Investigate Shared Winter Streets (MassDOT funding) for sidewalk improvements near bus stops
6. Arrange travel training programs to inform older adults about existing services and how to use them
7. Develop a map that shows bus stops (also on Google) – drone tour of fixed route and connections

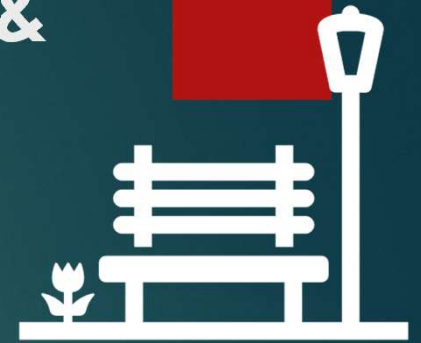
Buildings & Outdoor Spaces – Assets & Challenges



Assets:

- ▶ New library and Senior Center
- ▶ New Recreation Director in place
- ▶ Old library to be renovated to be municipal offices
- ▶ Rail Trail
- ▶ Commission on Disabilities in place and becoming active again
- ▶ Parks:
 - ▶ Zuterka Park (sp)
 - ▶ Walking trails around HS
 - ▶ Big Town Common (needs sidewalk through the common, benches, parking)
 - ▶ CT River Walk at north end – no parking, hard to get up the bank to the walk
- ▶ Sylvio Conte National Wildlife preserve – with trails, boardwalk (Federal)
- ▶ Trustees of Reservations – Mt Warner area (woodland trail)
- ▶ Skinner Reservation
- ▶ Hadley Reservoir (not accessible)

Buildings & Outdoor Spaces – Assets & Challenges



Identified Needs:

- ▶ Connect green spaces and recreational resources
- ▶ Rehabilitate and promote existing park spaces, recreational facilities, public gathering areas
- ▶ More fishing and boating access – CT River, Lake Warner
- ▶ Expand walking and biking trails to connect existing trails to neighborhoods and recreation destinations
- ▶ Include trail easements in new developments to expand trail network
- ▶ Provide programming for older adults
- ▶ Provide a map of Town's recreational facilities and open space properties
- ▶ CT River Walk at north end – limited parking, hard to get up the bank to the walk

Building and Outdoor Spaces

- ▶ Expand Dawson Recreational Area
- ▶ Russell School Area – could be a nice park – school uses land for soccer, softball
 - ▶ Between Gazebo, land in front of school
- ▶ ADA Transition Plan – Town applying for a CDBG grant to create one
- ▶ Improve accessibility at Hadley Reservoir
- ▶ Improve accessibility in Town Hall – improve or replace elevator (high cost)
- ▶ Access to trails at Mt. Warner and lakeside

Challenges with grants: doesn't meet tax rate cap, no EJ area – makes it difficult to get grants

Buildings & Outdoor Spaces (cont.)



Next Meeting - Housing

November 17th at 11 am

Invite:

- ▶ Housing Authority
- ▶ Senior Housing providers
- ▶ Housing Committee
- ▶ Planning/Zoning Board (Bill Dwyer)
- ▶ Residents (Golden Court, Greenleaves/Woodland Crossing – senior and family housing)

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