

RIVER VIEWS



New England Trail Map & Guide

MASSACHUSETTS – CONNECTICUT

- Trip Ideas for All Ability Levels
- Hiking, Biking, Paddling, XC Skiing
- Historic Points of Interest



- Camping and Lodging
- Trail Descriptions
- Scenic Views



BEN COSGROVE

Musician and composer inspired by the New England landscape and environment

“I’m working at present as the Artist-in-Residence for the New England Trail, a footpath that runs from the Massachusetts—New Hampshire border down to Long Island Sound. I’ve written lots of music about many different types of landscapes over the last several years, but the NET has provided the first opportunity I’ve had to write about a linear pathway through a sequence of them. I’ve decided to meet the challenge by writing a set of interrelated pieces that reflect different moments along the trail’s course through a diverse set of southern New England’s surprisingly various natural environments.

The NET and the Connecticut River both travel north-south through the center of New England, and are never too far from one another. Both are routes of passage – one for pedestrians, along the highest ground in the region, and one for water, along the lowest ground – and the fates of the two pathways are closely linked: a healthy Connecticut makes for a healthy NET and vice-versa.

The various complicated relationships between land and water at different points along the trail has been one of the ideas that have most captured my interest during the course of my residency. We live on land, and for the most part that’s where we tend to do most of our moving around, but our world suffers when our waterways do. We need our rivers and lakes, not only to swim, boat, and play in, but to remind us constantly of who and where we are.

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Photo by Chris Curtis