

## Pioneer Valley Clean Energy Plan Target Audience Action Sheet:

### Individuals

- Request a free energy audit of your property ([www.masssave.com](http://www.masssave.com)) or contact your utility company directly; implement as many recommendations as financially possible.
- Do what you can to reduce energy use, conserve energy, promote energy efficiency and facilitate clean energy. Some actions to start with are:

Change light bulbs in residence to compact fluorescents.

Insulate pipes, heating ducts, walls, and attics.

If you have oil heat or kerosene, have it cleaned and tuned every summer, every two years if you use propane, and every three years if you have natural gas. Wood stoves should be cleaned every year or replaced with a cleaner heat source if they are not EPA certified.

When purchasing appliances, purchase Energy Star®.

Take shorter showers and smaller baths.

Keep vehicles well-tuned with tires inflated correctly.

Carpool, walk, take the bus, or ride a bicycle whenever possible.

Attend meetings via telephone or over the internet instead of driving.

Live close to work or school.

Vote in favor of sustainable development principles and regulations, and/or initiate efforts to reform your local zoning to facilitate clean energy projects in your community and to promote smart growth.

Buy clean energy.

If you purchase a vehicle, purchase one that is energy efficient.

Offset your greenhouse gas emissions using ideas from websites such as [www.nativeenergy.com](http://www.nativeenergy.com) , [www.terrapass.com](http://www.terrapass.com).

Use a whole house fan instead of a large capacity window mount air conditioner because it uses less than a third of the energy.

Install a solar hot water system to heat your water.

- Look at Union of Concerned Scientists' website for great specific actions at all levels for energy efficiency ([http://www.ucsusa.org/clean\\_energy/renewable\\_energy\\_basics/energy-solutions-tofight-global-warming.html](http://www.ucsusa.org/clean_energy/renewable_energy_basics/energy-solutions-tofight-global-warming.html)).
- Support green buildings, energy efficiency, public transportation, smart growth, clean fuels, efficient vehicles and sustainable development.

The executive summary, plan, and appendices are available at  
[www.pvpc.org](http://www.pvpc.org) and [www.frcog.org](http://www.frcog.org).

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